

2014 Carleton Satisfaction Survey for Students

Athletics Programs

Athletics Programs					
Yes participated		Not participated but interested		Not participated and not interested	
%	#	%	#	%	#
19.3%	116	45.2%	271	35.5%	213

Mean of Responses

	Athletics Programs		
	Yes participated		
	N	Avg.	Std. Dev.
My overall experience with the Athletics programs	108	7.8	2.0
Way in which program opportunities are communicated and promoted (e.g. website, ads, etc.)	102	7.0	2.1
Quality of the program instructors/leaders	100	7.8	1.9
My overall satisfaction with the CUFit pass	75	7.5	2.2

Percentage of Responses

	Athletics Programs		
	Yes participated		
	Low	Med.	High
My overall experience with the Athletics programs	6.5%	27.8%	65.7%
Way in which program opportunities are communicated and promoted (e.g. website, ads, etc.)	13.7%	41.2%	45.1%
Quality of the program instructors/leaders	6.0%	31.0%	63.0%
My overall satisfaction with the CUFit pass	9.3%	34.7%	56.0%

Source: Carleton Satisfaction Survey for Students, 2014

Notes: 1. % -> percentage of respondents where: Low - 1,2,3,4; Med. - 5,6,7; High - 8,9,10.

	%	#
Ideal time of day of a fitness class		
before 9am	15.0%	56
9am-noon	17.1%	64
noon-1pm	6.7%	25
1pm-3pm	11.0%	41
3pm-5pm	16.8%	63
after 5pm	33.4%	125

	%	#
Ideal length of a fitness class		
30 minutes	13.1%	49
45 minutes	35.3%	132
60 minutes	42.5%	159
90 minutes	9.1%	34

	What types of fitness classes would you be interested in attending?	
	%	#
Dance classes	31.5%	122
Group cycling (spinning)	31.3%	121
Martial Arts	31.0%	120
Yoga and Pilates	54.8%	212
Group and Specialty fitness (cardio, boot camp, step)	54.8%	212
Mature fitness	11.6%	45

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